



**FOR IMMEDIATE EMERGENCY :**

For immediate emergency, don't hesitate; CALL 9-1-1

**For students only :**

- One-Stop Access – Cole Gagné (Social Work Technician)  
Schedule: from Sunday to Thursday, between 8h30-16h30.  
Contact by MIO or email: [cgagne@cegepgim.ca](mailto:cgagne@cegepgim.ca)  
514-886-2893

**External Resources in Montreal :**

- **HELPLINE : SEXUAL ASSAULTS AND SEXUAL HARASSMENT**  
24/7 Free and Confidential  
514-933-9007  
1 888 933-9007
- **HELPLINE : COUPLE VIOLENCE**  
24/7 Free and Confidential  
1 800 363-9010
- **HELP CENTERS – SEXUAL ASSAULTS : CALACS**  
**(Centre d'aide et de lutte contre les agressions à caractère sexuel)**  
Individual meetings, support groups, accompaniment to the Court.
  - For Women Only: Trêve pour elles (Rosemont): 514 251-0323 [www.trevepourelles.org/](http://www.trevepourelles.org/)
  - For Women and Men : Montreal Sexual Assault Center  
Listening, Support and References  
CLSC Métro (Guy-Concordia) 1801, Maisonneuve West Blv.  
514 934-4504  
[www.cvasm.org](http://www.cvasm.org)
- **HELP CENTER – CRIMINAL ACT VICTIMS : CAVAC (Centre d'aide aux victimes d'actes criminels)**  
Post-traumatic and psychosocio-judicial intervention, information on rights and remedies, technical assistance, support, referral to specialized services.  
Monday to Friday: 9AM-4h30PM or 24/7 if police officers: 514 277-9860  
[www.cavac.qc.ca](http://www.cavac.qc.ca)



- **The Montreal General Hospital**  
514 934-8090 (5 pm to 8 am)  
1650 Cedar Avenue, Montreal, Quebec, H3G 1A4  
Go to the emergency room and ask for a specialized health worker for a case of sexual assault.
- **SOS COUPLE VIOLENCE : SOS Violence conjugale**  
If the victim needs accomodation, for her safety, women’s shelters throughout Quebec (24/7 services)  
1 800 363-9010  
[www.sosviolenceconjugale.ca](http://www.sosviolenceconjugale.ca)
- **Le Bouclier d’Athéna**  
**Multilingual and Multicultural Resources**  
514-270-2900  
[www.shieldofathena.com](http://www.shieldofathena.com)
- **Rezo (for gay and bisexual man only)**  
Group workshops, individual support, referrals on sexual health, screening, live chat  
514 521-7778  
<http://www.rezosante.org/>
- **Lesbian Solidarity Center: Centre de solidarité lesbienne (For bisexual and lesbian women only)**  
Individual follow-ups, workshops, focus group  
514 526-2452  
<http://www.solidaritelesbienne.qc.ca>
- **Psychologists : Ordre des psychologues du Québec**  
1 800 363-2644  
[www.ordrepsy.qc.ca](http://www.ordrepsy.qc.ca)
- **Social Worker : Ordre professionnel des travailleurs sociaux du Québec**  
1 888 731-9420  
[www.optsq.org](http://www.optsq.org)
- **Sexologist : Association des sexologues du Québec**  
514 270-9289  
[www.associationdessexologues.com](http://www.associationdessexologues.com)
- **If you have been a victim of sexual assault and are thinking of filing a complaint, it is important to know that the collection of forensic evidence can help you. This evidence should be collected as quickly as possible and ideally within 3 days of the assault. This can be done in a designated center.**